Chronic Disease Management:

Minimum Care Requirements

The following chronic disease management services include essential exams, lab work, and diagnostic tests.
When these services are provided by an in-network provider, they are covered at 100%, with no deductible or copay.

CHRONIC CONDITION	MINIMUM ANNUAL CARE RECOMMENDED
Asthma	2 Clinical Evaluations; 1 Spirometry (<A10)
Atherosclerosis (PVD)	1 Clinical Evaluation; 1 LDL
Atrial Fibrillation	1 Clinical Evaluation
Chronic Obstruction Pulmonary Disease	1 Clinical Evaluation; 1 Spirometry
Chronic Kidney Disease	1 Clinical Evaluation; 1 Hgb or Hcrt; 1 Serum Creatinine; 1 Serum Potassium; 1 Serum Calcium; 1 Serum Phosphorus
Congestive Heart Failure	1 Clinical Evaluation; 1 Serum Creatinine; 1 Serum Potassium
Coronary Artery Disease	1 Clinical Evaluation; 1 LDL
Depression	1 Clinical Evaluation
Diabetes	2 Clinical Evaluations; 2 Glycohemoglobins; 1 Serum Creatinine; 1 Lipid Panel. IF no nephropathy Dx or ACE/ARB Rx: Urine Albumin/Creatinine ratio, Total Protein
Epilepsy	1 Clinical Evaluation
Human Immunodeficiency Virus Infection	2 Clinical Evaluations; 2 CBC's; 1 T-Cell/CD-4 Count; 2 HIV Quantifications; 1 PAP Smear (A21+)
Hyperlipidemia	1 Lipid Panel

CHRONIC CONDITION	MINIMUM ANNUAL CARE RECOMMENDED
Hypertension	1 Clinical Evaluation; 1 Serum Creatinine
Hyperthyroidism	1 Clinical Evaluation; 1 TSH; 1 T4
Hypothyroidism	1 Clinical Evaluation; 1 TSH
Metabolic Syndrome	1 Clinical Evaluation; 1 Lipid Panel; 1 FBS or HgbA1c
Multiple Sclerosis	1 Clinical Evaluation
Parkinson's Disease	1 Clinical Evaluation
Polymyalgia Rheumatica	2 Clinical Evaluations; 2 ESR or CRP; 1 CBC
Pre-Diabetes	1 Clinical Evaluation; 1 Lipid Panel; 1 FBS or HgbA1c
Pulmonary Hypertension/Coronary Pulmonale	2 Clinical Evaluations
Pulmonary Hypertension/Coronary Pulmonale with COPD	2 Clinical Evaluations; 12 months of supplemental O2 Tx
Rheumatoid Arthritis	1 Clinical Evaluation
Regional Enteritis (IBD)	1 Clinical Evaluation
Sleep Apnea	1 Clinical Evaluation
Venous Thromboembolic Disease	1 Clinical Evaluation
Ulcerative Colitis (IBD)	1 Clinical Evaluation

Obesity: Full coaching for Obesity and the impact to your health is an included service from your Healthcare Navigator™ Nurse Coaches

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